

## CVNS Nature Walks & Activities March to June 2009

Car pooling at Old Church Theatre on Harmston Ave. downtown Courtenay. Meet guides at trail heads.

**Saturday, March 07, Seedy Saturday.** FMI contact: Vivien Adams 250 338 8341

**Saturday, March 14, 9:30 AM Harmston Ave, 10:00 AM . Kin Beach Park.** Guide: Helen Robinson. FMI:250 339 2608

**Saturday, March 21, 9:30 AM Harmston Ave, 10:00 AM Comox Mall East, Walk along Brooklyn Creek to Mack Laing Park and adjacent property.** Guide: Jill Hart, FMI: 250 339 9880

**Saturday, March 28, CVNS Airpark Broom Bash, 9:00 AM - noon, parking on Mansfield Drive.** Check with Frank Hovenden. Bring along clippers and gloves, water and a snack. FMI: 250 338 9962

**Saturday, April 04, 9:30 AM Harmston Ave, 10:00 AM North end Torrence Road parking lot. Walk through Northeast Woods.** Guide: Chris Pielou. Topics: Plants and Geology. FMI: 250 339 1780

**Saturday, April 11, 2:00 PM, Meet at Fairgrounds near the curling rink on Headquarters Road for a Tsolum River Park Walk (Spring lilies and birds).** Guide: Fran Newson, FMI: 250 339 4001

**Wednesday, April 15, 2:00 PM Harmston Ave., Sandwick Conservation Forest.** Guide: Helen Robinson. FMI: 250 339 2608,

**Saturday, April 18, 9:00 AM Harmston Ave 9:30 AM at Farm Market HW 19A south of Trent River Bridge (Royston) and intersection with Briardale Road, Trent River Walk.** Guide: Chris Carter. FMI: 250 335 1723

**Saturday, April 25, 9:00 AM Harmston Ave, 9:30 AM Comox Lake Bluffs, Parking lot at Road stop.** Guide: Helen Robinson. FMI: 250 339 2608

**Saturday/Sunday, April 25 - 26, Sointula Birding Trip,** FMI: Art Martell, 250 334 2979

**Saturday, May 02, Comox Valley Land Trust Plant Sale,** contact Diana Caldwell: 250 337 8397

**April 30 to May 02, BC Nature Spring AGM in Duncan, hosted by Cowichan Valley Naturalists.**

**Sunday, May 03, CVNS Bird count,** FMI: Art Martell, 250 334 2979

**Saturday, May 09, 9:00 AM at Harmston Ave, 9:30 AM Nymph Falls Parking lot. Walk Puntledge River and Nymph Falls.** Guide: Fran Newson, FMI: 250 339 4001

**Saturday, May 16, 9:30 AM at Harmston Ave, 10 AM Wildwood Marsh Trail, i.e. follow Condensory Road, Burns Rd, Wildwood Rd, to # 5440. Bring rubber boots.** Guide: Steph Nathan. FMI: 250 334 7701

**Saturday, May 23, 9:30 AM at Harmston Ave. 10:00 AM Point Holmes Boat launch ramp, Low Tide Walk.** Wear gumboots or waterproof footwear, bring gloves for turning over rocks. Guide: Robin Harrison. FMI: 250 339 4754

**Saturday, May 30, 9:00 AM Courtenay River Estuary, Sewage Pumping Station on Dyke Road.** Guide: Frank Hovenden. FMI: 250 338 9962

**Saturday, June 06, 8:00 AM at Harmston Ave. 9:00 AM or at Fanny Bay Community Hall on HW 19A, Ships Point.** Guide: Chris Carter. FMI: 250 335 1723

**Saturday, June 13, 8:00 AM at Harmston Ave, 9:00 AM or Rosewall Creek, Parking Lot off HW 19A.** Guide: F. Constabel. FMI: 250 335 1352

**Saturday, June 20, 8:30 AM Harmston Ave 9:00 AM Seal Bay Park summer flora.** Frank Hovenden and Fred Constabel, FMI: 250 338 9962 or 250 335 1352

**Saturday, July 18, 8:30 AM Harmston Ave, 9:00 Goose Spit parking lot.** Guide: Chris Pielou. **(Date Change)**  
FMI: 250 339 1780

More Nature Walks will be offered in August (Paradise Meadows), see May 2009 CVNS Newsletter. The birding group organizes bird watches, contact Art Martell 250 334 2979 to be notified of these by e-mail. **Please note:** Guides: All field trip participants to sign a waiver recognizing that there are risks inherent to all outdoor activities. On Field trips wear suitable clothing and footwear, and bring a snack for a walking break. **No dogs please.** Share traveling expenses when car-pooling: i.e. 10 cents / km.