

CVNS Nature Walks & Activities: March to June 2010

Remember: Car pool at Old Church Theatre 755 Harmston Ave Courtenay. Meet guides at trail heads.

Thursday, March 11, 12:30 pm Harmston Ave, 1:00 pm **Kin Beach Park**. Guide: Helen Robinson. Discover the early spring flowers. FMI: 250-339-2608.

Thursday, March 18, 9:30 am Harmston Ave, 10:00 am Comox Mall East, Walk along **Brooklyn Creek to Mack Laing Park**. Guide: Jill Hart. Count Western trillium and Swamp lantern, Vanilla leaf & Red columbine. FMI: 250-339-9880.

Saturday, March 27, CVNS Airpark Broom Bash. 9:00 am - noon, parking on Mansfield Drive. Check with Frank Hovenden. Bring along clippers and gloves, water and a snack. FMI: 250-338-9962.

Saturday, April 03, Public Airpark Trail Walk. 10:00 am - noon, parking on Mansfield Drive. No dogs. Introduction to local flora by Fred Constabel. FMI: 250-335-1352

Thursday, April 08, 8:30 am Harmston Ave. 9:00 am at the Fairgrounds near the curling rink on Headquarters Road for a **Tsolum River Park Walk** : Spring lilies and birds. Guide: Fran Newson. FMI: 250-339-4001.

Tuesday, April 27, 10:30 am Harmston Ave. **Comox Lake Bluffs Ecological Reserve**. Bring a lunch. Wear sturdy shoes or hiking boots. Guide: Helen Robinson. FMI: 250-339-2608

Thursday, May 13, 9:00 am Harmston Ave, 10 am parking lot at Oyster River off HW 19A, Walk along **Oyster River** and sea shore to **Salmon Point**, incl. lunch at Restaurant. Guides: Ben Lochridge and Fred Constabel. FMI: 250-890-3667

Thursday, May 13-Sunday May 16, BC Nature Spring AGM in Kamloops, see BC Nature magazine for details

Thursday, May 20, Puntledge River Walk, 9:00 am Puntledge Park parking lot. Walk **Puntledge River** to Morrison Creek. Guide: Karin Franzen FMI: 250-334-7737

Saturday, May 29, Public Seal Bay Park Walk around Melda's Marsh, 10:00 am - noon, parking in Seal Bay Park. No dogs. Guide: Frank Hovenden. FMI: 250-338-9962

Thursday, June 03, 9:30 am at Harmston Ave, 10 am **Morrison Creek Park**, Jim Palmer of Morrison Creek Streamkeepers, and Steph Nathan will lead a walk in the headwaters of Morrison Creek to view the spawning habitat of the local lamprey & hopefully see some spawning. Guide: Steph Nathan. FMI: 250-334-7701

More Nature Walks will be offered in summer, see May 2010 CVNS Newsletter. The birding group organizes bird outings, contact Art Martell 250-334-2979 to be notified of these by e-mail. **Please note:** Guides: All field trip participants to sign a waiver recognizing that there are risks inherent to all outdoor activities. On Field trips wear suitable clothing and footwear, and bring a snack. **No dogs please**. Share traveling expenses when car-pooling: i.e. 10 cents / km.